

The Good Life

Receiving the Life Jesus Gives



Sunday, July 5, 2026
10:00 a.m. Worship



ROYAL OAK
FIRST
A United Methodist Church

ORDER OF WORSHIP

Gathering Music

Welcome/Call to Worship

Christie Mikell

Opening Hymn #451* “Be Thou My Vision”

Invitation to Community

Jennifer Tripoli

Children’s Moment

Nicole Wilson

Time of Prayer

Invitation to Offering

Musical Offering “Who You Say I Am”

Chris Mikell

Doxology #95* “Praise God for Whom All Blessings Flow”

Scripture** Matthew 11:28-30

Message “Receive It”

Jennifer Tripoli

Sacrament of Holy Communion

Communion Medley “Come to the Table”
#2264 and #2267*** “Taste and See”

Closing Hymn #2173*** “Shine, Jesus, Shine”

Benediction

Postlude

**United Methodist Hymnal*

***New Revised Standard Version Updated Edition*

****The Faith We Sing*

ANNOUNCEMENTS



July Bag Lunch Collection

(for Outreach on 7th)

JULY BAG LUNCH COLLECTION FOR 007

During July, our Missions Team will be collecting lunch items for the Outreach on 7th (007) Lunch Program. The summer and fall are the busiest times of the year for their lunch program, serving meals to around 50 visitors each day. Each guest receives both a hot meal and a bag lunch to eat later in the day. Please bring in individual-size chip bags, fruit/applesauce cups, and 8 oz. bottled water to help support this important program. We will have a formal presentation of these donations during the July 26th worship service, but you are welcome to bring items in at any point during the month and drop them off in the bin by the Welcome Desk near the Lafayette entrance.

Communion Workshop

& Bread Making

Saturday, July 11

9:00-11:00 a.m.



COMMUNION WORKSHOP & BREAD MAKING

Saturday, July 11 | 9:00-11:00 a.m.

In the United Methodist Church our Communion table is open to everyone and this sometimes raises questions, especially for people that come to us from other denominations. So, on July 11, we are going to talk about Communion - what it is and what it means and why we do it and then we are going to bake bread. We will make the bread that will be used the following day for Communion in worship, as well as small loaves of bread for people to take home from church on Sunday. ALL AGES are welcome! Please scan the QR code to sign up.



SCAN ME



ICE CREAM SOCIAL

Wednesday, July 15 | 6:00-8:00 p.m. | on church lawn

Join us for ice cream and lawn games at our annual Ice Cream Social! Whether you're new to Royal Oak First or have been part of our congregation for years, this family-friendly event is an opportunity to strengthen relationships across generations and celebrate the community that shapes and supports us. Enjoy delicious ice cream, lawn games, and time to relax, laugh, and connect with one another. All ages are welcome!

ANNOUNCEMENTS



WELCOME INN COMMUNITY WORK DAY

Saturday, July 18 | 8:30 a.m.-12:00 p.m.

Welcome Inn, 1717 W. 13 Mile Road, Royal Oak, 48073

Hosted by the South Oakland Faith Alliance in partnership with the Welcome Inn

Join faith communities and community partners from across Southern Oakland County as we come together to prepare the Welcome Inn for the important work ahead. We will organize common spaces, sort clothing & supplies, clean & declutter, prepare guest areas, and more. Scan the QR code to sign up.



NOAH AT CENTRAL BBQ

Thursday, July 30 | 8:30 a.m.-1:30 p.m.

Our volunteers had such a great time grilling and serving the food at the NOAH at Central Summer BBQ the last three years that we jumped at the chance to do it again. The Missions Team will be loading up our huge grill, along with enough burgers and hot dogs for 300 attendees. If you would like to join the fun, please mark your calendar for the morning of Thursday, July 30 and sign up by scanning the QR code. We are also asking for dessert and watermelon donations for this event earlier that week.



CHURCH PICNIC

Wednesday, August 5 | 6:00-9:00 p.m.

Our Church Picnic will be held on Wednesday, August 5 from 6:00-9:00 p.m. at Normandy Oaks, 4234 Delemere Blvd., Royal Oak, 48073. Bring a side dish to pass, a chair, and your beverage of choice. There is a kids' splash pad, so bring a swimsuit and a towel. We will provide the hot dogs, the fellowship, and the fun. If you have any questions, contact the church office at 248.541.4100 or office@rofum.org

ANNOUNCEMENTS



SUPPLIES NEEDED FOR VACATION BIBLE SCHOOL (VBS)

Vacation Bible School (VBS) is coming up quickly! Please scan the QR code to view the Amazon Wish List and donate supplies needed to make VBS a success this year! Your help is greatly appreciated.



SIGN UP FOR VACATION BIBLE SCHOOL

August 10-13 | 6:00-8:00 PM

Get ready for an action-packed week at Hero Academy! Kids (toddler–5th grade) will discover what it means to be God’s heroes—full of heart, wisdom, hope, and courage. Each night includes games, music, creative activities, and meaningful lessons that help kids shine God’s light in the world. Cost: \$25 first child, \$15 each additional (max \$60/family). Also, join us Sunday, August 16 at 10:00 a.m. to sing and celebrate!



VOLUNTEERS NEEDED FOR VACATION BIBLE SCHOOL (VBS)

We’re looking for amazing volunteers to help make this week unforgettable for our kids! Whether you love leading games, helping with crafts, leading groups, decorating, or welcoming families—there’s a place for you. No experience needed—just a willingness to serve, have fun and share God’s love! Come be part of something meaningful and make a lasting impact in a child’s life.





Royal Oak First *Choir* *Reunion* *Weekend*

CHOIR REUNION WEEKEND

October 16-18, 2026

The “Feast of Carols” is an annual musical event held in the month of December to celebrate the Christmas season. For the past 71 years, all of the choirs at Royal Oak First have performed in this concert. Pictured below is the “Feast of Carols” held in 2017 under the musical direction of Caleb Williams. This concert is a glorious example of the church's commitment to its music ministry.

Please come join us for the Choir Reunion. We will be telling stories, eating good food, and for those who wish to participate, we will be singing together at the October 18 service.



PRAYERS & CELEBRATIONS

Prayers for Our Church Family:

Brian Harris • Paul Thompson • Larry Watkins • Phyllis Hassberger • Pam Payne •
Myra Pollard • Ann Anderson • Michele Prud'homme • Joyce Negrich •
Margie Carrington • Jerry Elliott • Kay Nowaczok • Mark Thatcher •
Bob Prud'homme • Kathy MacFarlane •

Prayers for Our Extended Family:

Doug Zorn • William McMahon • Effie Lambros • Ron Gilmour • John Barber, Jr. •
Pamela & Richard Rush • Tracy Zawaski • Olivia LaCasse • Donna Bartley •
Pete & Darlene Beaulieu • Judy Gombert • Kerry Doty • Huntley Thatcher Reed •
Faye Rogers • Julie Rogers • Ken Rogers • Latha Ravi • Marietta Cunningham •
Sharon Conners • Jen Moore • Megan Colett • Christina Buchanan •
Craig Brooks • Jim • Beverly Bazzell • Carol Marshall • Jean Murphy •
Ron & Betsy Fisch • Kelli Hackbardt • Russ Dore' • Elma Holloway •
Richard Long • James • Barbara Anderson • Bill Gnegy •

*If you would like to add someone to the Prayer List,
please contact Danielle Moody at prayers@rofum.org.*



TIME OF PRAYER

All are welcome to the Time of Prayer on Tuesdays at 11:00 a.m. at church. We review the church prayer list, spend time in silence and pray together in the Sanctuary. This is wonderful opportunity to uplift your personal prayer requests.

LETTER FROM OUR PASTOR

Friends,

This Sunday we begin a new worship series called *The Good Life - Receiving the Life Jesus Gives*.

When people talk about “the good life,” we often think about success, security, comfort, or having everything together. Our world constantly tells us we need to do more, achieve more, and keep up with everyone around us. Over time, that kind of striving can leave us exhausted.

Yet Jesus offers a different vision of the good life.

In Matthew 11, Jesus says:

“Come to me, all you who are weary and carrying heavy burdens, and I will give you rest.”

What a beautiful invitation.

Jesus does not ask us to prove ourselves before coming to him. He does not wait for us to have perfect lives or perfect faith. Instead, Jesus invites weary people to come exactly as they are and receive grace, rest, and love.

That is where abundant life begins not in striving, but in receiving.

As we gather around Christ’s table this month, we will reflect on what it means to live lives rooted in grace, gratitude, community, and belonging. My hope is that this series reminds each of us that we do not have to carry life’s burdens alone.

There is room at Christ’s table for all of us.

Blessings,



Pastor Jennifer Tripoli