

BLESSED DEPENDENCE

“The Gift of Limits”



Sunday, July 24, 2022 11:00AM
ROYAL OAK FIRST: A UNITED METHODIST CHURCH

ORDER OF WORSHIP

Prelude

Tim Schoenherr

Opening Hymn

Call to Worship

Welcome & Invitation to Mission

Erica Plesco & Jeff Nelson

Children's Moment

Jaime Luczak

Time of Prayer

Offering Our Tithes and Gifts

Doxology #95 (*UMH)

"Praise God From Whom All Blessings Flow"

Scripture

Matthew 5:3, 33-37

Message

"The Gift of Limits"

Closing Hymn

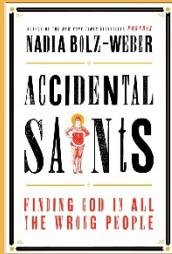
Benediction

Postlude

**United Methodist Hymnal*

ANNOUNCEMENTS

BBQ & Book Discussion



Wednesday, July 27
5:30-8:30pm



SCAN ME

BBQ & BOOK DISCUSSION

On Wednesday, July 27, 5:30-8:30 p.m. join us for a casual evening of BBQ and book discussion at the Troy home of Joyce and Tami Hollingsworth. They will host a backyard BBQ in their beautiful backyard with lovely gardens that will lead into an engaging discussion afterwards of the *New York Times* bestselling book *Accidental Saints: Finding God in All the Wrong People*. **Scan the QR code in the image to the left or visit www.rofum.org to sign up.**



CALLING ALL YOUNG ADULTS!

All young adults, bring your friends and come hang out at the **Royal Oak Tap House on Wednesday, July 27 from 7:00-9:00 p.m.** Enjoy a beverage and some food and meet other young adults from your church! Each person is responsible for their own food and drink. Contact Bridget Nelson with any questions at bnelson@rofum.org or 248.541.4100.



PRIDE & ALLY GROUP LUNCH

Please join us at the **Royal Oak Brewery** (215 E. 4th St, Royal Oak, MI 48067) for the first social event of the Pride & Ally Group of Royal Oak First. **We will meet at 1:00 p.m. on Sunday, July 31 for food, drinks and fellowship.** Each person is responsible for their own food and drink. We will offer more details about the Royal Oak Pride event on August 12 and August 13. We may also discuss plans for our next social outing and a potential service project. We hope you can all join us!

ANNOUNCEMENTS



**Yoga Classes
are Back!**

YOGA IS BACK-BEGINNING AUGUST 1ST!

Yoga classes will begin in August taught by Kimberlyn Palchak. Classes are for teens and above and all fitness levels. Classes will be offered through Zoom and/or face-to-face. **Group sessions will be available on Mondays at 5:15 p.m. and Tuesdays at 12:15 p.m. in the 2nd floor Chapel (or on Zoom) starting on August 1st and 2nd respectively.** Each group session will be 30 minutes and will be priced as follows: \$30 for one class and \$100 for 4 classes. **To sign up, please visit www.rofum.org or scan the QR code in the image to the left or visit the Information Table in the Narthex for the signup sheet.**



CHURCH PICNIC!

WEDNESDAY, AUGUST 10, 6-9PM

CHURCH PICNIC IS AUGUST 10

Our Church Picnic is back! On Wednesday, August 10 from 6:00-9:00 p.m. at Normandy Oaks, 4234 Delemere Blvd., Royal Oak. **Bring a side dish to pass, a chair, and your beverage of choice. There is a kids splash pad, so bring a swimsuit and a towel. We will provide the hot dogs, the fellowship, and the fun.** If you have any questions, contact the church office at 248.541.4100 or office@rofum.org.



**SUMMER
FAMILY
SANDWICH
MAKING**

SUMMER FAMILY SANDWICH MAKING (FROM HOME)

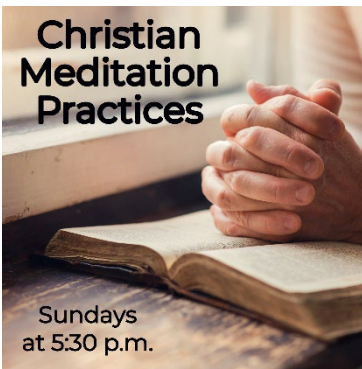
In recognition of National Sandwich Month (August), Royal Oak First has signed up to deliver sandwiches to The NOAH Project, housed at Central United Methodist Church in Detroit. We are looking for 10 families to each assemble 30 sandwiches and bring them to church on Sunday, August 28. **Visit www.rofum.org, scan the QR code in the image to the left or visit the information table after service for more information and to sign up.**

ANNOUNCEMENTS



HELP OUR COMMUNITY'S MOST VULNERABLE CITIZENS

Our Lunch Program guests often need help with transportation to shelters, medical appointments and numerous other resources. You can help by sponsoring the purchase of bus passes. You can make a one-time purchase or set up a monthly bus pass donation. For your information: 5 passes = \$10; 10 bus passes = \$20; 25 passes = \$50. Help us continue to provide this very necessary service. **Scan the QR code in the image to the left to donate.**



CHRISTIAN MEDITATION PRACTICES

As our lives become more and more filled with distractions, activities, and responsibilities it is more important than ever that we make the time to defragment our minds and allow God space to work within and through us. Christian Centering Meditation can help to give us the opportunities that we need to discover, or re-discover, our center in Christ. This is a simple time-tested technique that has proven valuable to untold numbers of modern day saints. **No need to sign up. Join us on Sundays (began Sunday, July 10) from 5:30-7:00 p.m. in the purple conference room on the 1st floor.**



OUR FOOD PANTRY NEEDS DONATIONS!

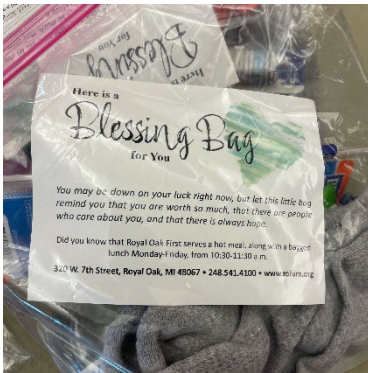
Our Food Pantry is in need of a restock. The following items are suggestions but all non-perishable items will be accepted: Peanut Butter • Jelly • Boxed Mac and Cheese • Canned Soup • SpaghettiOs/Ravioli • Canned Vegetables • Canned Tuna • Canned Pasta Sauce • Cereal • Rice. We prefer cans that are self-opening and pouches. **Please bring donated items to the church office (Monday-Thursday, 9:00 a.m. – 4:00 p.m.) or during Sunday worship.** Thank you!

ANNOUNCEMENTS



SCHOOL SUPPLY COLLECTION

Late summer brings the return of the Royal Oak First School Supply Collection! We are continuing our partnership with Ferndale Lower Elementary and will be collecting the following requested items: **Clorox wipes, Expo markers, wide-ruled notebooks, Crayola 24ct crayons, Ticonderoga pencils, and glue sticks.** We ask that you also keep the educators from our own church in your prayers. You can find that list by scanning this QR code in the image to the left. Many of those teachers have also shared their classroom wish lists for those who would like to shop by Amazon to support them.



BLESSING BAGS

Stop by our Welcome Desk to pick up a Blessing Bag, (which is full of everyday basics; like socks, hygiene products, water and a snack) to give out to those in need or less fortunate as you travel throughout your day.



WE ARE HIRING!

The **Coordinator of Children's Music** creates opportunities for our youngest disciples to learn the joy of music and community. From infants to 5th grade, our children will be nurtured in their faith and relationship development through participation in music with their friends and family. **For a full job description, contact Pastor Bridget Nelson at bnelson@rofum.org or 248.541.4100.**

PRAYERS & CELEBRATIONS

Prayers for Our Church Family:

Barb Nicholas • Marilyn McCreedy • Al Simmons • Charles Courtney •
Sandy Davis • Joyce Negrich • Janet Ramseyer • Judy Chambers •
Mary Lou Graeber • Art Miller • Lisa Rye • Bob Foote • Tom Soboleski •
Audrey Leenhouts • Mike Long • Charlene Faunt • Marilyn Hocking •
Marian Kremer • Diana Shornak •

Prayers for Our Extended Family:

Teresa Inch • Jan Sherman • Rick Brodoski • Dorothy Follette •
Deana Sawicki • Atlas • Wally Bojan • Shelley • Cyndi Luczak • Joe Monte •
Mike Murray • Lisa Green • James Koon • Kelly • Steve Wurdock •
Grandma Johnson • Harold Baker • Jethro Horton • Evert & Kay Burchell •
Darryl Warren • Sue Sugden •

Sympathies to:

Jon and Lisa Rye on the death of Lisa's father, Jerry Peterson on July 18,
2022

Prayers for All That Have Been Impacted by COVID-19

Chancel Flowers in Honor of:

Mary and Sam Nahhat's 65th wedding anniversary and Sam Nahhat's 91st
Birthday both on July 20

If you would like to add someone to the Prayer List,
please contact Danielle Moody at prayers@rofum.org.

LETTER FROM OUR PASTOR

Dear Friends,

I woke up Thursday morning to a couple of missed calls from Bridget who has been at Choir Camp all week with sixty of our congregation's young people. I knew in my heart that something wasn't right. When we finally connected, I heard a sadness in her voice I rarely hear. They were making the tough decision to close camp two and a half days early. Three of the adult counselors had tested positive for COVID and so in an attempt to contain its spread, they decided it was time to just go home. She told me that the kids were really, really sad. They had waited a long time to return to their place and their people and having it end so suddenly was just hard.

I have been exploring with you the depths of Beatitudes, the nine blessings Jesus shared with his community. Today I hear Jesus' truth, "Blessed are those who mourn, for they will be comforted." Think about that for a minute. "Blessed are you," Jesus says, "when you have loved something so much that when you lose it - it hurts!" What a blessing Choir Camp has been to the young people of this community. And today in their sadness, they get to comfort each other. This is the way of blessing Jesus points us towards.

So this Sunday we will not be having Choir Camp Sunday. This has always been one of our church's high holy days. Worship will continue in person and online. We are asking all those who were at camp to quarantine at home for the next five days and keep us posted on their health and needs.

The Beatitudes open the door to the way of Jesus - a way that leads to the deepest universal truths of love, justice and peace.

Please be in prayer for all our people. Together we are the love of Christ made real.

Grace and Peace,

Pastor Jeff
