

BLESSED DEPENDENCE

“The Quiet Place”



Sunday, July 17, 2022 9:00AM
ROYAL OAK FIRST: A UNITED METHODIST CHURCH

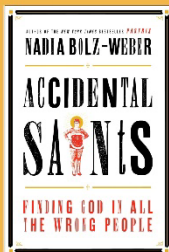
ORDER OF WORSHIP

Gathering Music	“Praise to the Lord the Almighty” arr. Joel Raney	Kyle Webber
Song	“Joy of the Lord”	Congregational Singing
Song	“As It Is In Heaven”	Congregational Singing
Welcome & Invitation to Mission		Kyle Webber & Jeff Nelson
Hymn #191 (**UMH)	“Jesus Loves Me” (Stanza 1)	Congregational Singing
Children’s Moment		Jeff Nelson
Time of Prayer		Jeff Nelson
Response	“Here’s My Heart, Lord”	Congregational Singing
Offering Our Gifts and Tithes		Erica Plesco
Musical Offering	“Offertory” John Ness Beck	Kelsey Lockwood
Doxology	“Give Thanks”	Congregational Singing
Prayer of Dedication		Jeff Nelson
Scripture (*NIV)	Matthew 5:5, 6:5-8	Erica Plesco
Message	“The Quiet Place”	Jeff Nelson
Song	“Be Still”	Congregational Singing
Benediction		Jeff Nelson
Sending Music		House Band

**New International Version*
***United Methodist Hymnal*

ANNOUNCEMENTS

BBQ & Book Discussion



Wednesday, July 27
5:30-8:30pm



SCAN ME

BBQ & BOOK DISCUSSION

On Wednesday, July 27, 5:30-8:30 p.m. join us for a casual evening of BBQ and book discussion at the Troy home of Joyce and Tami Hollingsworth. They will host a backyard BBQ in their beautiful backyard with lovely gardens that will lead into an engaging discussion afterwards of the *New York Times* bestselling book *Accidental Saints: Finding God in All the Wrong People*. In *Accidental Saints*, author Nadia Bolz-Weber invites readers into a surprising encounter with the least likely of people - a church-loving agnostic, a drag queen, a felonious Bishop and a gun-toting member of the NRA. *Accidental Saints* demonstrates what happens when ordinary people share bread and wine, struggle with scripture together, and tell each other the truth about their real lives. **Scan the QR code or visit www.rofum.org to sign up.**



SCAN ME



SCAN ME

SUMMER FAMILY SANDWICH MAKING (FROM HOME)

In recognition of National Sandwich Month (August), Royal Oak First has signed up to deliver sandwiches to The NOAH Project, housed at Central United Methodist Church in Detroit. We are looking for 10 families to each assemble 30 sandwiches and bring them to church on Sunday, August 28. **Visit www.rofum.org, scan the QR code or visit the information table after service for more information and to sign up.**



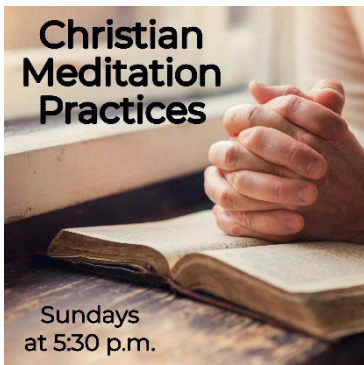
SCAN ME

ANNOUNCEMENTS



HELP OUR COMMUNITY'S MOST VULNERABLE CITIZENS

Our Lunch Program guests often need help with transportation to shelters, medical appointments and numerous other resources. You can help by sponsoring the purchase of bus passes. You can make a one-time purchase or set up a monthly bus pass donation. For your information: 5 passes = \$10; 10 bus passes = \$20; 25 passes = \$50. Help us continue to provide this very necessary service. **Scan the QR code to donate.**



CHRISTIAN MEDITATION PRACTICES

As our lives become more and more filled with distractions, activities, and responsibilities - and quite frankly some clutter - it becomes more important than ever that we make the time to defragment our minds and allow God space to work within and through us. There are so many things that take away from our Christian lives. Christian Centering Meditation can help to give us the opportunities that we need to discover, or re-discover, our center in Christ. This is a simple time-tested technique that has proven valuable to untold numbers of modern day saints. **No need to sign up. Join us on Sundays (began Sunday, July 10) from 5:30-7:00 p.m. in the purple conference room on the 1st floor.**

ANNOUNCEMENTS

Food Pantry Donations Needed



OUR FOOD PANTRY NEEDS DONATIONS!

Our Food Pantry is in need of a restock. The following items are suggestions but all non-perishable items will be accepted: Peanut Butter • Jelly • Boxed Mac and Cheese • Canned Soup • SpaghettiOs/Ravioli • Canned Vegetables • Canned Tuna • Canned Pasta Sauce • Cereal • Rice. We prefer cans that are self-opening and pouches. **Please bring donated items to the church office during normal business hours (Monday-Thursday, 9:00 a.m. – 4:00 p.m.) or during Sunday worship.** Thank you!



CHURCH PICNIC IS AUGUST 10

Our Church Picnic is back! On Wednesday, August 10 from 6:00-9:00 p.m. at Normandy Oaks, 4234 Delemere Blvd., Royal Oak. **Bring a side dish to pass, a chair, and your beverage of choice. There is a kids splash pad, so bring a swimsuit and a towel. We will provide the hot dogs, the fellowship, and the fun.** If you have any questions, contact the church office at 248.541.4100 or office@rofum.org.



CHOIR CAMP TALENT SHOW-LIVESTREAM

In order to keep our kids and camp staff safe and healthy this year, we are eliminating the "coming and going" from camp - including for our talent show. But, even though you cannot join us at Camp Ohiyesa, we are inviting you to join us online for the show! The United Methodist Women will be hosting a livestream viewing here at church (with snacks!) if you want to come over and join us to watch and support our kids together. **Come to church at 7:00 p.m. on Wednesday, July 20. All are welcome! You can also watch from home on our church YouTube and Facebook pages.**

ANNOUNCEMENTS



CALLING ALL YOUNG ADULTS!

All young adults, bring your friends and come hang out at the **Royal Oak Tap House on Wednesday, July 27 from 7:00-9:00 p.m.** Enjoy a beverage and some food and meet other young adults from your church! Contact Bridget Nelson with any questions at bnelson@rofum.org.



YOGA IS BACK

We are SO pleased to announce Royal Oak First, in conjunction with “in.balance” will be offering Chair Yoga classes beginning in August. The classes are taught by our own Kimberlyn Palchak, who has been teaching yoga for 15 years, and will include meditation, seated yoga poses and focused breathing. Classes are for teens and above and all fitness levels. Wear comfy clothes. Classes will be offered through Zoom and/or face-to-face. **Group sessions will be available on Mondays at 5:15 p.m. and Tuesdays at 12:15 p.m. in the 2nd floor Chapel (or on Zoom) starting on August 1st and 2nd respectively.** Each group session will be 30 minutes and will be priced as follows: \$30 for one class and \$100 for 4 classes. **To sign up, please visit www.rofum.org or scan the QR code or visit the Information Table in the Narthex for the signup sheet.** Checks (made out to Royal Oak First) can be brought with you to class or mailed to the church. If you are interested in one-on-one yoga instruction, please reach out to Kimberlyn directly at yoga@rofum.org.



PRAYERS & CELEBRATIONS

Prayers for Our Church Family:

Marilyn McCreedy • Al Simmons • Charles Courtney • Sandy Davis •
Joyce Negrich • Janet Ramseyer • Judy Chambers • Mary Lou Graeber •
Art Miller • Lisa Rye • Bob Foote • Tom Soboleski • Audrey Leenhouts •
Mike Long • Charlene Faunt • Marilyn Hocking • Marian Kremer •
Diana Shornak •

Prayers for Our Extended Family:

Teresa Inch • Jan Sherman • Rick Brodoski • Dorothy Follette •
Deana Sawicki • Atlas • Wally Bojan • Shelley • Cyndi Luczak •
Jerry Peterson • Joe Monte • Mike Murray • Lisa Green • James Koon •
Kelly • Steve Wurdock • Grandma Johnson • Harold Baker • Jethro Horton •
Evert & Kay Burchell • Darryl Warren • Sue Sugden •

Sympathies to:

The Irish-Minewiser family on the death of Jen's mother, Barb Irish on July 10, 2022

Prayers for All That Have Been Impacted by COVID-19

If you would like to add someone to the Prayer List,
please contact Danielle Moody at prayers@rofum.org.

LETTER FROM OUR PASTOR

"Lord, our Lord, how majestic is your name in all the earth! You have set your glory in the heavens. Through the praise of children and infants you have established a stronghold against your enemies, to silence the foe and the avenger. When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place, what is mankind that you are mindful of them, human beings that you care for them?"

Psalms 8:1-4 (NIV)

Dear Friends,

When is the last time you stood in awe and wonder? When was the last time you stepped back and glimpsed the bigger picture of which we are all a part? The writer of this Psalm is caught up in majesty - caught up in a moment of splendor, left standing awestruck in impressive beauty. "Lord, our Lord, how majestic is your name in all the earth!"

When was the last time you were simply overtaken by the immensity of the moment? For our writer today this comes not from a set of beliefs or doctrines but from a moment of observation and experience. What would be different were we invited to experience God and just to believe in God?

For the Psalmist, God was revealed in the laughter of children and the beautiful vulnerability of babies. It was in the beholding of the ways the stars dance with the moon that our writer simply becomes overwhelmed with the beauty and balance of this one precious life we get to live.

Just sitting here this morning with these thoughts has Louis Armstrong singing in my head: "I hear babies cry and I'll watch them grow. They'll learn much more than we'll ever know. And I think to myself, 'What a wonderful world.'"

Celtic Spirituality has often reminded us that the created world is the 5th Gospel - the world around us is revealing the Good News of God with us all of the time.

Two weeks ago I was on the rocky shores of the Atlantic shores off the coast of Maine. The sun was hot and the sky was blue. The ocean was crystal clear and calm. I walked the shoreline and was overwhelmed, completely caught up in the majesty of it all. I was overtaken by the grandeur of it all and my place and connection within it.

I wrote this letter in the quiet of a church parlor and just outside the window I can hear the laughter of kids playing in the schoolyard behind us and Saturday morning I will have the privilege to assist in the funeral of a woman whose soul was imbued with gentle grace. "And I think to myself. What a wonderful world."

The busyness of our lives and our world can too often rob of the majesty of God that is all around us. We are invited to slow our roll. To take it all in. To breath in the majesty and the joy of creation. As my boyhood hero Ferris Bueller so aptly put it, "Life moves pretty fast. If you don't stop and look around once in a while, you might miss it!"

Hoping to see each of you soon.

Grace and Peace,

