

It Begins and Ends With Love

Sunday, February 23
11:00 am Worship

ROYAL OAK FIRST UNITED METHODIST CHURCH
rofum.org • 248-541-4100

ORDER OF WORSHIP

Today's Song Leader		Liz Wright
Prelude	<i>Heavenly Sunlight</i> Daphne Mitchell	Mark Hayes
Song #2236	Gather Us In Stanzas 1, 2 and 4	*FWS
Call to Worship		Samantha Moody
Hymn #408	The Gift of Love	**UMH
Welcome and Invitation to Mission		
Noisy Bucket		
Time of Prayer		
Scout Recognition		
Offering Our Gifts and Tithes		
Musical Offering	<i>All Things Bright and Beautiful</i> Sanctus	John Rutter
Doxology #95		UMH
Scripture	1 Corinthians 13:4-8, 13 Eleanor Baker	***NRSV
Message	It Begins and Ends with Love	Myra Moreland
Song	<i>All You Need is Love</i>	arr. by Caleb Williams
Hymn #88	Maker, in Whom We Live Stanzas 1, 2 and 4	UMH
Postlude	<i>Menuet Gothique</i>	L. Boëllman

All You Need is Love Band: Ken Stringer, soloist; Jason Sherman, drums
Kimi Matsumoto, flute; Russell Calhoun and Owen Pittman, trumpets;
Debi Szeliga, piano; Erica Plesco, Julie Sleeman, Beth Simms,
Jennifer Semivan, Daphne Mitchell, Tim Schoenherr, choir

* Faith We Sing
** United Methodist Hymnal
*** New Revised Standard Version

Pastor Chats

Sunday, February 23
10:15 am & 12:15 pm

ASH WEDNESDAY

FEBRUARY 26
7:00 PM

ANXIETY MADE SIMPLE

SUNDAY, MARCH 1

UNAFRAID
LENT 2020

12:15 PM

ANNOUNCEMENTS

Love & Logic Seminar

Friday, February 28, 6:00-9:00 pm

Saturday, February 29, 9:00 am-12:00 pm

Love and Logic is a research driven, whole-child philosophy dedicated to making parenting fun and rewarding instead of stressful and chaotic! For over 40 years, parents have been getting practical tools and techniques that help achieve healthy, respectful relationships with their children. Join us for this two-day seminar with a qualified Love and Logic trainer. Meet other parents and learn some great techniques and strategies! The cost is \$50 per family and nursery care will be available for children 5 and under. **Sign up online at rofum.org/lovelogic or contact Bridget Nelson at bnelson@rofum.org** if you have any questions.



Fish Dinners are here!

March 6 & 20 & April 3

4:30 – 7:00 pm

Our famous fish dinners are back! Be sure to join us in February, March, and April for these wonderful nights of food, fellowship, and service. Adult meals start at \$10.

Opportunities to serve are available to everyone (children and youth even get credit for Choir Camp,) so be sure to sign up at rofum.org/links. If you have any questions, or if you would like to help make these dinners successful, **contact Jennifer Tripoli at jtropoli@rofum.org**.

Birthday Club

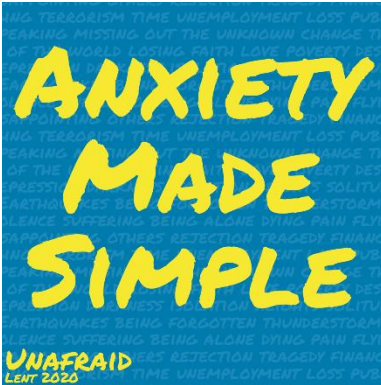
Wednesday, February 26, 4:15 pm

It's Birthday Club time at the Methodist Children's Home for all the resident boys with birthdays in February. If you would like to be part of their party, opportunities include buying gifts from the boys' wish lists; donating wrapping paper, decorations, or paper goods; or attending the party. You can sign up to help at the Connect Here Desk or by contacting Gigi Harris at birthdayclub@rofum.org.



Anxiety Made Simple

Sunday, March 1, 12:15 pm



In our fast-paced, modern world we have come to expect daily anxiety and stress as normal, something we all have to “just deal with”. For those with chronic anxiety, the feeling of being on edge, worried, or overwhelmed can seem so constant that it’s impossible to change.

This talk will focus on explaining what anxiety is, how it works in our brain and our body, and how we can free ourselves from the downward spiral. With the right combination of information and practical tools, you will leave this talk with a greater understanding of what anxiety is, how it impacts our lives, how to leave anxiety behind, and how to help others trapped in the anxiety spiral.

United Methodist Women Program

Thursday, March 5, 1:00 pm

Join us to hear about our new Sunday School program from Bridget Nelson and Danielle Moody. We will also take a tour of the new set-up on the second floor.





United Methodist Women Fish Dinner Cookie Walk

March 6, 4:30-7:00 pm

The United Methodist Women will be putting on a Cookie Walk during the March 6 Fish Dinner. If you would like to contribute cookies to sell, you can drop them off at the church that Friday, between 10:00 am and 12:00 pm, or you can join us for baking day in the church kitchen on Tuesday, March 3, at 6:30 pm. All proceeds go to missions here and abroad.

Big Boy Night

Tuesday, March 10, 5:00-8:00 pm

Come to the Big Boy in Madison Heights and enjoy dinner with your church family and 20% of your dinner tab (with a flyer) goes to the Royal Oak First Music Guild to support Choir Camp. There are drawings for fun prizes and you get to eat where (almost) everybody knows your name. If you have any questions, contact Shirley Harris at sharris@rofum.org. Stop by the Connect Here Desk next time you are at church to pick up a flyer.

If you would like to donate a prize or two, drop them off in the labeled box in the gathering space.



Keith J. Leenhouts Memorial Scholarship

Applications due Wednesday, April 1



It is time to apply for college scholarships for the 2020/2021 school year. Royal Oak First is proud to offer the Keith J. Leenhouts Memorial Scholarship in memory of Judge Keith J. Leenhouts.

Application forms are available in the church office and at Royal Oak High School and Berkley High School. Guidelines and requirements are included in the application packets. The application deadline is Wednesday, April 1.

If you have any questions, contact the church office.

Wondering what to do with all those plastic grocery bags?

Plastic grocery bags. They are difficult to recycle, but throwing them out is bad for the environment, so those bags tend to accumulate in drawers or an ironic “bag-of-bags” until we run out of room and get rid of them. Instead of throwing them away, you can drop them off in the church kitchen. In addition to being one of the most common requests from the guests of our lunch program, we use plastic grocery bags to make sleeping mats for people experiencing homelessness.



Service Opportunities at Redford Brightmoor Initiative

Free Store: Tuesdays-Fridays, 10:00 am-2:00 pm, or Saturdays, 10:00 am-12:00 pm

Computer and Homework Club for Kids: Saturdays. 10:00 am-12:00 pm



Our friends at RBI reached out to us looking for people interested in serving as volunteers at the Free Store to help sort donations and stock shelves or to work in the store on Saturdays. They also have opportunities to help kids ages 8-18 at the Computer and Homework Club on Saturdays. To volunteer or if you have any questions, contact Astrid Harrod at RBI@rofum.org.

RECENT PRAYER CONCERNS

Prayers for our church family: Shirley Gnegy; Rick Vincent; Sheryl Hunter; Carol Hardt; Cindy Vandermark; Pastor Jeff Nelson; The Riggs Family; Dorothy Matsumoto; Marguerite Horak; Theresa Skelton; Vickie Zimmerman; Jan Carlson; James Respecki; Tim Olson; Bruce Conrad; Jennifer Semivan; Jane & Phil Button; Don McCreedy; Barb Nicholas

Prayers for our extended family: Tony Monte; Patti Pittman; Effie Lambros; Gordon Yarbrough; Bill Kincannon; Ivan Rice; Sue Sugden; Susan McNabb; Margie Reese; Paula Yocum; Jackson Turner; Neva Aredyan; Kris Beachum

Senior Spotlight: Betty Cairns

Sympathy to Jennifer Semivan and her family on the death of her father, Marshall Knight, February 19.

This list includes prayer concerns from the past six weeks.

For the complete Prayer List, please contact our
Pastoral Care Team at prayers@rofum.org.

SUPPORT GROUPS

AA Meetings

Mondays, Wednesdays, and Fridays at 6:00 pm in the Parlor

Nar-Anon

Wednesdays at 7:30 pm in the Youth Room

Still Beloved for Spouses

Second Friday of each month at 6:30 pm in the Parlor

CALENDAR

Sunday, February 23 – Scout Sunday

9:00 am	Royal Oak Children's Choir.....	Room #307
9:00 am	Worship	Sanctuary
	Infants & Toddlers – Nursery	
	Sunday School (Pre-School-8 th Grade) – Bible Times Square	
10:00 am	Fellowship Hour	Parlor & Gathering Space
10:15 am	Pastor Chat.....	1 st Floor Conference Room
11:00 am	Worship	Sanctuary
	Infants & Toddlers – Nursery	
	Sunday School (Pre-School-8 th Grade) – Bible Times Square	
12:00 pm	Fellowship Hour	Parlor & Gathering Space
12:15 pm	Pastor Chat.....	1 st Floor Conference Room
5:30 pm	Cantata Academy Chorale	Sanctuary & Parlor
5:30 pm	ROY (Royal Oak Youth) Dinner	Fellowship Hall
6:00 pm	ROY Youth Group.....	ROY Commons
7:00 pm	ROY Choir Rehearsals	Choir Room & Chapel
8:00 pm	ROY Seniors Small Group	National Coney Island

Monday, February 24

9:30 am	Director Team Meeting	1 st Floor Conference Room
10:30 am	Lunch Program	Fellowship Hall
3:45 pm	Youth Band Rehearsal.....	Sanctuary
5:30 pm	Royal Oak Children's Choir.....	Room #307
6:00 pm	AA Meeting	Parlor
6:00 pm	Piano Lesson.....	Sanctuary
6:30 pm	Girl Scouts	ROY Commons
7:00 pm	Boy Scouts	Fellowship Hall
8:00 pm	Men's Bible Study	Parlor

Tuesday, February 25

9:00 am	First Friends.....	Nursery
10:30 am	Lunch Program	Fellowship Hall
3:30 pm	Piano Lessons	Parlor
6:00 pm	Sing Out Detroit!	Fellowship Hall & Sanctuary
7:00 pm	Men's Basketball.....	Addams Elementary School

Wednesday, February 26

10:30 am	Lunch Program	Fellowship Hall
11:30 am	Retired Old Men Eating Out (ROMEO)	The Avenue Restaurant
3:30 pm	Violin Lessons.....	Parlor
6:00 pm	AA Meeting	Parlor
6:30 pm	Carillon Bell Choir	Room #307
7:00 pm	Ash Wednesday Worship Service	Sanctuary
7:30 pm	NAR Anon.....	ROY Commons
7:30 pm	Soul Stretch Yoga.....	Bible Times Square
8:00 pm	House Band Rehearsal.....	Sanctuary

Thursday, February 27

10:00 am	As We Gather Worship Service	Fellowship Hall
10:30 am	Lunch Program	Fellowship Hall
3:00 pm	Royal Oak Children's Choir.....	Choir Room
3:15 pm	Piano Lesson.....	Sanctuary
7:00 pm	Royal Oak Children's Choir.....	Room #307
7:00 pm	Sanctus Choir Rehearsal	Sanctuary

Friday, February 28

9:30 am	As We Gather Bible Study	Fellowship Hall
10:00 am	Roga Chair Yoga	Choir Room
10:30 am	Lunch Program	Fellowship Hall
1:00 pm	Therapeutic Rehab Sandwich Making.....	Kitchen
6:00 pm	AA Meeting	Parlor
6:00 pm	Love & Logic Parenting Seminar.....	Fellowship Hall

Saturday, February 29

9:00 am	Love & Logic Parenting Seminar.....	Fellowship Hall
9:30 am	Ascend Church	Sanctuary
4:00 pm	Worship	Sanctuary

NOTE FROM THE PASTOR

Dear Friends,

On Valentine's night a group from our church met at the Tap House. We shared some food, listened to music and yes, there was a dance or two. It was a wonderfully eclectic group, married, single, divorced, widowed, all the ways we celebrate love in our church community. "What a fellowship; what a joy divine."

This Friday we kicked off the Fish Fry extravaganzas. Folks from all over the metro area came to our church for the warmest welcome and the best fish in town. The money raised from these events helps send our children to choir camp and there are lots of young faces bussing tables and delivering condiments at these dinners. In the sanctuary this week, our very own Leonard Benyas provided wonderful piano entertainment. "What a fellowship; what a joy divine."

You probably recognize those two phrases from the song and most of you are ready with the next line. "Leaning on the everlasting arms." I have come to believe that when we embrace each other in love we are indeed "Leaning on the everlasting arms." We know the embrace of our God through the loving arms of those around us.

We heard that song, "Leaning on the Everlasting Arms", as we celebrated the life of Dick Bryan Saturday morning. Dick Bryan was one of the most joyful and loving people I have ever met. This week his wife, Judy and his sister Ginny and I gathered in my office. We stood in a small circle, holding hands, praying and literally leaning on each other. "What a fellowship; what a joy divine. Leaning on the everlasting arms."

This weekend, we finish off our series on Modern Love. It's a BIG finish... (who said "Go big or go home?") We're talking about Big Love, Agape Love... that unconditional, expansive love that God has for each of us and that Jesus calls us to share in this world.

Pastor Myra