

# It Begins and Ends With Love

Sunday, February 23  
9:00 am Worship

ROYAL OAK FIRST UNITED METHODIST CHURCH  
rofum.org • 248-541-4100

# ORDER OF WORSHIP

Song Be Thou My Vision

Song Revelation Song

Welcome

Invitation to Mission

Noisy Bucket

Time of Prayer

Offering Our Gifts and Tithes

Musical Offering

*Rainbow*  
Kiersten Ciccone

Kacey Musgraves

Scripture

1 Corinthians 13:4-8, 13  
Kathi Burger

\*NRSV

Message

It Begins and Ends with Love

Myra Moreland

Song

*All You Need is Love*

arr. by Caleb Williams

Song

10,000 Reasons (Bless the Lord)

*All You Need is Love* Band: Ken Stringer, soloist; Jason Sherman, drums  
Kimi Matsumoto, flute; Russell Calhoun and Owen Pittman, trumpets;  
Debi Szeliga, piano; Erica Plesco, Julie Sleeman, Beth Simms,  
Jennifer Semivan, Daphne Mitchell, Tim Schoenherr, choir

# Pastor Chats

Sunday, February 23  
10:15 am & 12:15 pm

## ASH WEDNESDAY

FEBRUARY 26  
7:00 PM

## ANXIETY MADE SIMPLE

SUNDAY, MARCH 1

UNAFRAID  
LENT 2020

12:15 PM

# ANNOUNCEMENTS

## Love & Logic Seminar

Friday, February 28, 6:00-9:00 pm

Saturday, February 29, 9:00 am-12:00 pm

Love and Logic is a research driven, whole-child philosophy dedicated to making parenting fun and rewarding instead of stressful and chaotic! For over 40 years, parents have been getting practical tools and techniques that help achieve healthy, respectful relationships with their children. Join us for this two-day seminar with a qualified Love and Logic trainer. Meet other parents and learn some great techniques and strategies! The cost is \$50 per family and nursery care will be available for children 5 and under. **Sign up online at [rofum.org/lovelogic](http://rofum.org/lovelogic) or contact Bridget Nelson at [bnelson@rofum.org](mailto:bnelson@rofum.org)** if you have any questions.



## Fish Dinners are here!

March 6 & 20 & April 3

4:30 – 7:00 pm

Our famous fish dinners are back! Be sure to join us in February, March, and April for these wonderful nights of food, fellowship, and service. Adult meals start at \$10.

Opportunities to serve are available to everyone (children and youth even get credit for Choir Camp,) so be sure to sign up at [rofum.org/links](http://rofum.org/links). If you have any questions, or if you would like to help make these dinners successful, **contact Jennifer Tripoli at [jtropoli@rofum.org](mailto:jtropoli@rofum.org)**.

## Birthday Club

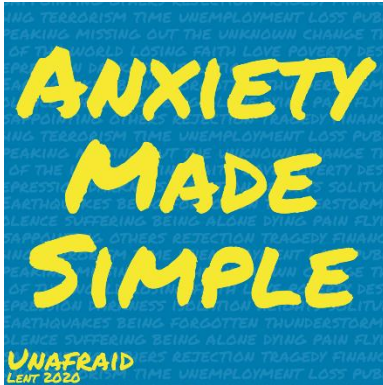
**Wednesday, February 26, 4:15 pm**

It's Birthday Club time at the Methodist Children's Home for all the resident boys with birthdays in February. If you would like to be part of their party, opportunities include buying gifts from the boys' wish lists; donating wrapping paper, decorations, or paper goods; or attending the party. You can sign up to help at the Connect Here Desk or by contacting Gigi Harris at [birthdayclub@rofum.org](mailto:birthdayclub@rofum.org).



## Anxiety Made Simple

**Sunday, March 1, 12:15 pm**



In our fast-paced, modern world we have come to expect daily anxiety and stress as normal, something we all have to "just deal with". For those with chronic anxiety, the feeling of being on edge, worried, or overwhelmed can seem so constant that it's impossible to change.

This talk will focus on explaining what anxiety is, how it works in our brain and our body, and how we can free ourselves from the downward spiral. With the right combination of information and practical tools, you will leave this talk with a greater understanding of what anxiety is, how it impacts our lives, how to leave anxiety behind, and how to help others trapped in the anxiety spiral.

## United Methodist Women Program

**Thursday, March 5, 1:00 pm**

Join us to hear about our new Sunday School program from Bridget Nelson and Danielle Moody. We will also take a tour of the new set-up on the second floor.







## United Methodist Women Fish Dinner Cookie Walk

**March 6, 4:30-7:00 pm**

The United Methodist Women will be putting on a Cookie Walk during the March 6 Fish Dinner. If you would like to contribute cookies to sell, you can drop them off at the church that Friday, between 10:00 am and 12:00 pm, or you can join us for baking day in the church kitchen on Tuesday, March 3, at 6:30 pm. All proceeds go to missions here and abroad.

## Big Boy Night

**Tuesday, March 10, 5:00-8:00 pm**

Come to the Big Boy in Madison Heights and enjoy dinner with your church family and 20% of your dinner tab (with a flyer) goes to the Royal Oak First Music Guild to support Choir Camp. There are drawings for fun prizes and you get to eat where (almost) everybody knows your name. If you have any questions, contact Shirley Harris at [sharris@rofum.org](mailto:sharris@rofum.org). Stop by the Connect Here Desk next time you are at church to pick up a flyer.

If you would like to donate a prize or two, drop them off in the labeled box in the gathering space.



## Keith J. Leenhouts Memorial Scholarship

**Applications due Wednesday, April 1**



It is time to apply for college scholarships for the 2020/2021 school year. Royal Oak First is proud to offer the Keith J. Leenhouts Memorial Scholarship in memory of Judge Keith J. Leenhouts.

Application forms are available in the church office and at Royal Oak High School and Berkley High School. Guidelines and requirements are included in the application packets. The application deadline is Wednesday, April 1.

If you have any questions, contact the church office.

## Wondering what to do with all those plastic grocery bags?

Plastic grocery bags. They are difficult to recycle, but throwing them out is bad for the environment, so those bags tend to accumulate in drawers or an ironic “bag-of-bags” until we run out of room and get rid of them. Instead of throwing them away, you can drop them off in the church kitchen. In addition to being one of the most common requests from the guests of our lunch program, we use plastic grocery bags to make sleeping mats for people experiencing homelessness.



## Service Opportunities at Redford Brightmoor Initiative

**Free Store: Tuesdays-Fridays, 10:00 am-2:00 pm, or Saturdays, 10:00 am-12:00 pm**

**Computer and Homework Club for Kids: Saturdays. 10:00 am-12:00 pm**



Our friends at RBI reached out to us looking for people interested in serving as volunteers at the Free Store to help sort donations and stock shelves or to work in the store on Saturdays. They also have opportunities to help kids ages 8-18 at the Computer and Homework Club on Saturdays. To volunteer or if you have any questions, contact Astrid Harrod at [RBI@rofum.org](mailto:RBI@rofum.org).

# RECENT PRAYER CONCERNS

**Prayers for our church family:** Shirley Gnegy; Rick Vincent; Sheryl Hunter; Carol Hardt; Cindy Vandermark; Pastor Jeff Nelson; The Riggs Family; Dorothy Matsumoto; Marguerite Horak; Theresa Skelton; Vickie Zimmerman; Jan Carlson; James Respecki; Tim Olson; Bruce Conrad; Jennifer Semivan; Jane & Phil Button; Don McCreedy; Barb Nicholas

**Prayers for our extended family:** Tony Monte; Patti Pittman; Effie Lambros; Gordon Yarbrough; Bill Kincannon; Ivan Rice; Sue Sugden; Susan McNabb; Margie Reese; Paula Yocum; Jackson Turner; Neva Aredyan; Kris Beachum

**Senior Spotlight:** Betty Cairns

**Sympathy** to Jennifer Semivan and her family on the death of her father, Marshall Knight, February 19.

This list includes prayer concerns from the past six weeks.  
For the complete Prayer List, please contact our  
Pastoral Care Team at [prayers@rofum.org](mailto:prayers@rofum.org).

# SUPPORT GROUPS

## **AA Meetings**

Mondays, Wednesdays, and Fridays at 6:00 pm in the Parlor

## **Nar-Anon**

Wednesdays at 7:30 pm in the Youth Room

## **Still Beloved for Spouses**

Second Friday of each month at 6:30 pm in the Parlor





# CALENDAR

## Sunday, February 23 – Scout Sunday

9:00 am	Royal Oak Children's Choir.....	Room #307
9:00 am	Worship .....	Sanctuary
	Infants & Toddlers – Nursery	
	Sunday School (Pre-School-8 <sup>th</sup> Grade) – Bible Times Square	
10:00 am	Fellowship Hour .....	Parlor & Gathering Space
10:15 am	Pastor Chat.....	1 <sup>st</sup> Floor Conference Room
11:00 am	Worship .....	Sanctuary
	Infants & Toddlers – Nursery	
	Sunday School (Pre-School-8 <sup>th</sup> Grade) – Bible Times Square	
12:00 pm	Fellowship Hour .....	Parlor & Gathering Space
12:15 pm	Pastor Chat.....	1 <sup>st</sup> Floor Conference Room
5:30 pm	Cantata Academy Chorale .....	Sanctuary & Parlor
5:30 pm	ROY (Royal Oak Youth) Dinner .....	Fellowship Hall
6:00 pm	ROY Youth Group.....	ROY Commons
7:00 pm	ROY Choir Rehearsals .....	Choir Room & Chapel
8:00 pm	ROY Seniors Small Group .....	National Coney Island

## Monday, February 24

9:30 am	Director Team Meeting .....	1 <sup>st</sup> Floor Conference Room
10:30 am	Lunch Program .....	Fellowship Hall
3:45 pm	Youth Band Rehearsal.....	Sanctuary
5:30 pm	Royal Oak Children's Choir.....	Room #307
6:00 pm	AA Meeting .....	Parlor
6:00 pm	Piano Lesson.....	Sanctuary
6:30 pm	Girl Scouts .....	ROY Commons
7:00 pm	Boy Scouts .....	Fellowship Hall
8:00 pm	Men's Bible Study .....	Parlor

## Tuesday, February 25

9:00 am	First Friends.....	Nursery
10:30 am	Lunch Program .....	Fellowship Hall
3:30 pm	Piano Lessons .....	Parlor
6:00 pm	Sing Out Detroit! .....	Fellowship Hall & Sanctuary
7:00 pm	Men's Basketball.....	Addams Elementary School

## Wednesday, February 26

10:30 am	Lunch Program .....	Fellowship Hall
11:30 am	Retired Old Men Eating Out (ROMEIO) .....	The Avenue Restaurant
3:30 pm	Violin Lessons.....	Parlor
6:00 pm	AA Meeting .....	Parlor
6:30 pm	Carillon Bell Choir .....	Room #307
7:00 pm	Ash Wednesday Worship Service .....	Sanctuary
7:30 pm	NAR Anon.....	ROY Commons
7:30 pm	Soul Stretch Yoga.....	Bible Times Square
8:00 pm	House Band Rehearsal.....	Sanctuary

## Thursday, February 27

10:00 am	As We Gather Worship Service .....	Fellowship Hall
10:30 am	Lunch Program .....	Fellowship Hall
3:00 pm	Royal Oak Children's Choir.....	Choir Room
3:15 pm	Piano Lesson.....	Sanctuary
7:00 pm	Royal Oak Children's Choir.....	Room #307
7:00 pm	Sanctus Choir Rehearsal .....	Sanctuary

## Friday, February 28

9:30 am	As We Gather Bible Study .....	Fellowship Hall
10:00 am	Roga Chair Yoga .....	Choir Room
10:30 am	Lunch Program .....	Fellowship Hall
1:00 pm	Therapeutic Rehab Sandwich Making.....	Kitchen
6:00 pm	AA Meeting .....	Parlor
6:00 pm	Love & Logic Parenting Seminar.....	Fellowship Hall

## Saturday, February 29

9:00 am	Love & Logic Parenting Seminar.....	Fellowship Hall
9:30 am	Ascend Church .....	Sanctuary
4:00 pm	Worship .....	Sanctuary

# NOTE FROM THE PASTOR

Dear Friends,

On Valentine's night a group from our church met at the Tap House. We shared some food, listened to music and yes, there was a dance or two. It was a wonderfully eclectic group, married, single, divorced, widowed, all the ways we celebrate love in our church community. "What a fellowship; what a joy divine."

This Friday we kicked off the Fish Fry extravaganzas. Folks from all over the metro area came to our church for the warmest welcome and the best fish in town. The money raised from these events helps send our children to choir camp and there are lots of young faces bussing tables and delivering condiments at these dinners. In the sanctuary this week, our very own Leonard Benyas provided wonderful piano entertainment. "What a fellowship; what a joy divine."

You probably recognize those two phrases from the song and most of you are ready with the next line. "Leaning on the everlasting arms." I have come to believe that when we embrace each other in love we are indeed "Leaning on the everlasting arms." We know the embrace of our God through the loving arms of those around us.

We heard that song, "Leaning on the Everlasting Arms", as we celebrated the life of Dick Bryan Saturday morning. Dick Bryan was one of the most joyful and loving people I have ever met. This week his wife, Judy and his sister Ginny and I gathered in my office. We stood in a small circle, holding hands, praying and literally leaning on each other. "What a fellowship; what a joy divine. Leaning on the everlasting arms."

This weekend, we finish off our series on Modern Love. It's a BIG finish... (who said "Go big or go home?") We're talking about Big Love, Agape Love... that unconditional, expansive love that God has for each of us and that Jesus calls us to share in this world.

*Pastor Myra*